



## QUITTING MATTERS...

**IT MATTERS** because smoking during treatment can:

- **Decrease chances of survival**
- **Decrease effectiveness of surgery, chemotherapy or radiation**
- **Increase chance of recurrence or second malignancy**
- **Decrease wound healing**

It is never too late to quit smoking.

Set a quit date now, prior to the start of cancer treatment.

[We will refer you to the Michigan Tobacco Quitline to help you quit.](#)

**Ask, Advise, Refer**

Although Blue Cross Blue Shield of Michigan and MOQC work collaboratively, the opinions, beliefs and viewpoints expressed by the author do not necessarily reflect the opinions, beliefs and viewpoints of BCBSM or any of its employees. Support for MOQC is provided by Blue Cross and Blue Shield of Michigan as part of the BCBSM Value Partnership program.



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